

FUNDAMENTALS OF PREVENTIVE MEDICINE

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Abstract: Preventive medication assumes an essential part in keeping up with and advancing general wellbeing. By zeroing in on forestalling illnesses and wounds as opposed to simply treating them, it looks to work on generally speaking prosperity and lessen the weight on medical care frameworks. This article will investigate the critical standards and practices of preventive medication.

Keywords: Preventive medicine, infection, diseases, investigates, society, development.

Introduction: Universally, we have figured out how fundamental the field of preventive medication is to forestalling occurrence of sickness, deflecting decimating wellbeing results, and entanglements after illness beginning to keep a working society. Seen as quiet valuable work, preventive medication is many times underestimated, particularly in Western culture which benefits from fluoridated water frameworks, utilitarian disinfection administrations, quality admittance to nutritious food, and hearty immunization programs.

The general target of preventive medication is to guarantee the end of sickness, either by forestalling the possibilities of infection event or by stopping an illness and relieving the subsequent inconveniences after its beginning.

This issue comes all at once where without precedent for hundred years, our reality has re-learned essential general wellbeing measures, for example, handwashing and embraced new terms, for example, social separating and veil wearing. In the past while contemplating anticipation of illness many looked towards individual endeavors as the method for deflecting wellbeing results. Be that as it may, the Coronavirus pandemic has shown us the significance of aggregate wellbeing measures and spurring people to fabricate a general wellbeing mentality for their nearby local area and then some.

However, it has been a provoking excursion for us to become familiar with the significance of aggregate wellbeing measures, it has likewise shown why preventive medication and general wellbeing are such essential fields to our day to day existence which depend on strategy improvement, arranging, and evaluation.

Things being what they are, how can one practice preventive medication? We find in two meetings inside this issue how preventive medication is multidisciplinary, covering a great many fields. Dr. Nebert underlines the job of preventive medication in forestalling sickness because of unfamiliar synthetics, a focal point of study for his field of natural hereditary qualities. Dr. Nebert depicts how studies from the seat help with understanding the collaboration between synthetic substances from the climate and the job of CYP1 in the cell consider better anticipation of tumors from poison openness. Outside the lab, we hear from Dr.

Altice about the restrictions of painstakingly planned tests and clinical preliminaries in understanding how well proof based rehearses work in reality and accordingly shows the significance of local area outreach. He shares illustrations he gained from different projects he is a piece of, for example, the Local area Medical care Van and the HIV in Penitentiaries Program,

to address holes in our medical services framework influencing probably the weakest individuals from our networks. From these stories we can start to see the value in how much work and information expected for preventive medication.

This previous year has shown what clinical question among minorities has a mean for on preventive measures and practices, however the subject of clinical doubt is complicated, our issue investigates how the demonstration of bigotry, not race, plays had an impact in the wellbeing of people before, present, and future. All the more significantly, how might we battle demonstrations of bigotry in medication through different modalities?

Calhoun assumes the idea of instructing "the verifiable and current underpinnings of prejudice" in clinical training as an approach to forestalling youth injury among Dark youngsters in her piece Clinical Schooling Should Begin Showing Bigotry. She further notices, "The injury of bigotry isn't incurred by one individual yet is forced by a whole framework.

An injury is frequently rationalized or stowed away, in spite of starting early on." Considering this, we can additionally investigate the effect of efficient level bigotry in medication by taking a gander at the American Clinical Affiliation's Focal point of Wellbeing Value piece on Race, Prejudice, and the Strategy of 21st Century Medication. This top to bottom piece examining how the association "without precedent for its 174-year presence, passed a memorable set-up of arrangements criticizing the damages of prejudice in medical services and across friendly domains that influence wellbeing" and how the association presently "concretes its center obligation to propelling wellbeing value, especially in clinical training, medical care conveyance, examination, and practice."

There are likewise subjects inside this issue that are at the focal point of preventive medication like gun avoidance. As Abdallah and Kaufman portray in Before the Projectiles Fly: The Doctor's Job in Forestalling Gun Injury, gun injury is an "extraordinary occasion" with uncommon long-haul repercussions in both physical and emotional wellness and hence contend that it is a significant issue for doctors to handle. They give a very much educated point of view on how specialists can intercede and forestall injury.

Gun avoidance is likewise an issue past the US, as Omoke and Lasebikan report the predominance and example of injury in patients younger than 19 in Nigeria. As verified in the two articles, the dispersion of makes change from locale district and consequently will require custom fitted protentional measures and a solid requirement for expanded examination into gun injury to decide precisely which projects will work in decreasing dismalness and mortality.

Upholding for underestimated networks with a decreased voice in strategy making, the people who have a reducing limit from sickness or age, and youngsters who presently can't seem to foster that limit lie at the core of preventive medication. As it is vital to advocate for the individuals who can't advocate for themselves. On this theme, we have Teh et al. which concentrated on a multi-ethnic populace of grown-ups in Singapore at 60 years old and more seasoned to recognize risk variables and possible approaches to forestalling dementia.

Their finding that those with gentle mental hindrance have inability, gloom, and uneasiness stress the significance of serving this populace. On the opposite finish of the age range, Jha and Kraguljac in Evaluating the Social Impacts, Confidence, and Stress of Secondary School Understudies who Vape concentrated on the association among stress and vaping in secondary school understudies, with suggestions on the most proficient method to forestall vaping and in this way other potential long haul wellbeing outcomes, like the start of a nicotine dependence.

On a more extensive scale, Vaughn and DeJonckheere survey the impact of social and natural settings in creating strength in small kids considering unfavorable occasions and how the use of Social Environmental Flexibility can advance wellbeing through youth and then some.

The effect of Coronavirus has changed how wellbeing strategy isn't just finished inside the US, yet the whole way across the world with compulsory lockdowns. Calderon-Anyosa et al. feature the etiologies of non-outside and outer passing comparable to the Coronavirus lockdown in Peru. They notice how nations all over the planet have involved lockdowns as an "essential non-drug mediation" to moderate passing because of the infection and the underlying lockdown had diminished outside etiologies of death, like crimes, suicides, and car crashes. Over in Iran, Behzadifar et al. analyzed how the lockdown assisted with expanding social separating consistence and generally speaking lessening passing inside the country.

At last, one of the main parts of preventive medication uses the area of the study of disease transmission to assist with distinguishing risk factors that can bring about dismalness or mortality. For instance, Shojaei et al. concentrated on the connection between personal satisfaction and hazard factors for post pregnancy anxiety in Iranian ladies. McElfish et al., Undiscovered Hypertension and Undiscovered Sort 2 Diabetes among Overweight and Stout Marshallese Members in a Diabetes Counteraction Program, inspected the relationship between undiscovered hypertension and Type 2 diabetes with variables, for example, age and medical services access in Local Hawaiian and Pacific Islanders.

As the writers note in their separate articles, such outcomes are significant for the improvement of proper mediations for anticipation and relief. A comprehension of chance variables takes into consideration the execution of screening projects and advances. For instance, ID of amblyopia at an early age is urgent to forestall demolishing visual hindrance and Sopeyin et al. give a point by point outline of current instruments utilized for screening as an aide for rehearsing doctors. It is additionally essential to assess the viability of such interventional programs too.

Dursun et al. here report an assessment of the execution and information on pre-support separating competitors in Turkey, a significant measure for the counteraction of abrupt demise and examine the significance of training, normalization, and guideline. This significance of normalization and guideline is a theme covered by Dr. Roy in his examination concentrating on the historical backdrop of state clinical sheets and their job in quiet security. Consequently, we see the immense scope important to rehearse preventive medication completely.

We are trusting this issue will take you on an excursion through the various features of preventive medication from the deep-rooted local area outreach measures, epidemiological examinations from across the world, to reconsidering how to battle bigotry in the realm of preventive medication. This issue will permit you to see the significance and quiet valuable work preventive medication gives to make a superior world for us all.

Conclusion

Generally speaking, preventive medication assumes a crucial part in keeping up with and working on the wellbeing of people and networks. By zeroing in on avoidance as opposed to simply treatment, we can diminish the occurrence of illness and at last work on the personal satisfaction for all.

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