

SOCIAL PSYCHOLOGICAL ASPECTS OF PREPARING YOUTH FOR FAMILY LIFE

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Abstract: The article highlights the issues of preparing young people for family life, and it is said that the environment in the family is stable when parents feel their responsibilities. When should you start raising a child? Many people think about that question. Many scientists have given different answers to it.

Key words: Child upbringing, proverb, family life, neighborhood people, elderly, disabled child.

Family is the backbone of society. In the minds of our children, feelings of love for the country and the Motherland are formed in the family, in the neighborhood where they live. The country's future, peace and prosperity depends first of all on our children growing up in this small community. As long as education is well organized in any family and neighborhood, that family and neighborhood will flourish.

When should you start raising a child? Many people think about that question. Many scientists have given different answers to it. In particular, Ibn Sina answered that it is necessary to deal with the education of a child before its birth, starting from the mother's womb.

Paying attention to family, morals and education is one of our duties that is ingrained in our blood. The proverb "One child has seven neighboring parents" is typical of our nation. This proverb itself shows how important it is for us to raise children and take care of the family. The residents of the neighborhood, especially the elderly, never passed by a child doing dirty work on the street, and immediately reprimanded him and called him to the right path. After all, our holy religion, which commands to be beautiful, polite, and well-behaved in every way, and to purify the soul, attaches great importance to the family.

The atmosphere in the family becomes stable when parents feel their responsibilities. In order for children to grow up politely, together with their parents, the neighborhood is a great example school. It is not for nothing that our people say, "A bird does what it sees in its nest."

A parent who is raising a child should be able to demonstrate noble qualities in every movement, posture, behavior, and interaction with others. Because the child is extremely imitative and observant by nature. That is why those around him influence them with their habits, sometimes without realizing it. Rough relationships in the family, a lot of lying, and unpleasant behavior create an unhealthy environment that negatively affects the upbringing of a child.

Parental behavior plays an important role in raising a child. If a child grows up hearing harsh words from his parents and being beaten, this will have a negative effect on his character. This, in turn, creates "spiritually sick" people from children raised in an unhealthy environment in the family. They also have a negative impact on the morale of the society.

In the family, parents are influenced by "mass culture", which has a negative impact on children's education.

Thanks to independence, our people are visiting foreign countries and returning as witnesses of new people and traditions. Including our citizens who travel to European countries today, among Western teenagers, the level of organized crime and violence is higher than among the youth of other countries. The reason for this is that children are given more freedom than before. They say that from now on, no one will stop them from indulging in lust and engaging in various immoral actions.

During his life, a person sees a person as a role model, from which a person aspires to lead a life like him, to achieve the same success as he has achieved, to reach great heights. Today, the fact that young members of society take the thinking and lifestyle of other cultures as an example for their lives causes many problems.

In the 21st century, different ways of life and ideas have come into competition. In order to achieve success in this, each country should have an ideology based on which to convey its religious and national values to others while preserving its identity. Otherwise, losing one's identity and renouncing precious values separates a person from development and turns him into a subordinate, a man without an independent mind.

It can be felt that the conspiracies that are being carried out for the realization of malicious goals are aimed at the loss of the identity of some nations. In this case, the focus is not on occupying the territories, but on occupying the human mind.

Of course, raising a child is very complicated and responsible. This requires every parent to regularly work on himself, to be aware of all the information related to the education of children. Child education is not just a collection of experience, simple instructions and knowledge, but a complex process that includes knowledge in the fields of religious and moral knowledge, medicine, ethics, psychology, and pedagogy.

Today, the difficulty of family upbringing is that, firstly, as the society progresses, the demands of forming a mature person in all respects are increasing. This requires increasing the quality and scope of aesthetic, sexual, and moral education for the child in the family.

It is better to have education and manners from childhood. Rasulullah (pbuh) said: "If one of you teaches discipline to your children, it is better than giving alms every day."

Teaching children to discipline is the basis of family strength. In this sense, Islam encourages parents to give their children a healthy education. It is stated in the hadith that "Respect your children and treat them well."

In the process of raising a child, it is required that the rights of the child are not discriminated against. Compared to social education, family education has a profound effect on children's mental world, emotions and feelings.

The well-known pedagogue A.S. Makarenko noted that education up to the age of five is very important in the formation of a child's personality. He wrote about this: "...the main basis of

education ends at the age of five, so what you did before the age of five is 90 percent of the educational process, and further education continues on the basis of re-education." In this process, it is necessary to be very attentive to the upbringing of the child.

The legacy of our great thinkers is of great importance in the formation of a healthy way of life, respect for national and universal values in the hearts and minds of young people, and in educating them in all aspects. After all, in the works of our scholars who devoted their lives and potential to understanding the true meaning of life, a special place was given to issues related to the education of a healthy generation.

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