

**THE SIGNIFICANCE OF FOOTBALL SPORTS IN THE FORMATION OF
CHILDREN'S MOVEMENT SKILLS**

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Abstract: Children physical activity increase and perfection in providing football is a sport main from tools one is considered In the article the children movement skills in formation football sport important aspects was studied and analysis done .

Key words: Football sport , physical education , general physical preparation , games , children , educator , physical development .

Dolzarlighi Uzbekistan in the Republic education in the field huge reforms is being conducted . Also education of the field physical education and sports activities are widely applied to all aspects. Our country leadership the people health promotion and physical development for incomparable aspirational actions take are going Current in the day our athletes whole world sports arenas conquest are doing Football a person to the organism each bilaterally effect pointer physical and spiritual functional improvement tool as country of the population all layers , especially student young people between very a popular sport is considered That's why for it 's a sport study plan and a lot phased competitions to the program included.

Education process in the structure football , education standards , education plan and exemplary study to programs according to is taught . Football of science purpose the students professional-practical , physical preparation the basics formation and improvement . In this of course science to the profession directed another sciences with integration provide very important.

Sports games in our country all types according to Including football also regular on championship and cup competitions held is getting married dear President initiative with our country the future Proper organization of physical education and sports events was started to raise the young generation to become a physically fit person in all respects . "Sprouts of Hope" competitions among school students , "Barkamol Avlod" competitions of vocational colleges and academic lyceum students, as well as "Universiade" competitions of higher education institutions and university students are a clear proof of our opinion. A lot skilled our athletes international in competitions victory to hand our state the flag high rise as a result , Uzbek people the world to their peoples identity manifestation did In this case, the victory won by each athlete is represented as the victory of the entire Uzbek people. Sport is of great importance in educating young people in the spirit of national pride and national ideals. In sports competitions to attend as a result young people their own physical , technical and tactical preparations increase with one in line , spiritual, spiritual and international characteristics trained , Uzbek people culture and promotes spirituality. Prestigious in competitions participating our players in the form of whole Uzbek perceptions of the land and its inhabitants are formed. Physical education and sports play an important role in the mental, moral and physical development of the young generation and help in forming feelings of bravery, patriotism, loyalty and honesty in them.

DISCUSSION AND RESULTS

Education in institutions football training sessions regularly organize to do and carrying out first of all forms movement skills and abilities in children, develops their physical qualities,

helps children to develop control of their movements, they regulate their bodies, that is, they teach them to move in different tensions. Children physical readiness in development football sport importance is incomparable . Football exercise elements the child very agility , certain the goal and promptness with movement to do ; the rules perform , oneself to catch teaches . Formation of physical and mental health of the young generation growing up in our country , striving for a healthy lifestyle and instilling love for sports is an extremely important condition. Football boy actions is of great importance in growth and improvement. To children to actions in teaching and they are skill harvest in football especially the ball take walk , ball with run , ball acceptance make , jump , ball transmission , the opponent cheating pass to the ball blow give , and that's it such as football from the elements organize found exercises with the children regularly to engage in conditions by creating we give important Study training in the process teacher and coaches by football sport exercise elements by teaching to go and their assistance important important have is considered Children to actions teach and repetitions as a result skill harvest in making strong foundation being service does , independent behavior forming , in them initiative and obstacles to overcome aspiration such as features physical in education football is a sport education through can , in this to them football to the technique about exercises to teach right to the road to put to the goal is appropriate . In children physical of ability growth on its own surface does not come perhaps , the coaches effect as a result done increases . Because of children actions How technical in terms of generalized if they are on the field so much good to move reach can Therefore , children technical of their actions growth by itself physical qualities development take comes , and their each bilaterally physically good development take will come .

CONCLUSION

In children of action in o' cyst of football effect when it comes to first of all that's it to say First of all , football training organize of doing himself of the child actions grow up and improvement for the most comfortable conditions creates Secondly , football exercise class The reason and feature of the process affects the child's movement is that the subject acquires the complex skills of movement directly through training. Children's training from the conditions come outgoing conscious purpose , action perform during own expression finds and his own to the front put purpose remember take to stay and a lot times repetitions as a result skill fruit does

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