

TEMPERAMENT AND CHARACTER

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Abstract: This article presents the recommendations of scientific research on psychological views of temperament and character. Also, in the article, the scientific proposal and practical recommendations formed by the author on this issue were also expressed

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Preparing the youth of our republic, which is on its way to independent development, for a new social environment, educating them in the spirit of the times is one of the urgent and priority tasks. The development of the reforms implemented in our republic depends on the spiritual image and personal integrity of young people in many ways. The implementation of these tasks requires a deep reflection of the democratic principle in human relations. Social relations between people are unique in the East and are settled according to the psychology of each nation.

Temperament and character are evident in a person's social relationships individual characteristics that appear. A person's temperament and character traits are so closely connected to each other (more precisely added) which of them refers to character traits it is usually difficult to distinguish in life conditions.

Temperament is derived from the Latin word "temperamentum", which means "mixture". By temperament, we usually understand the individual characteristics associated with the natural innate characteristics of a person. I.p. Pavlov defines temperament as follows: "It is the most general characteristic of each individual person and also of each individual animal, the main characteristic of the nervous system that gives a certain shape to all the activities of each individual" (Polnoe sobranie sochinenii, volume III, book 2, 103 -page). Temperament, from a psychological point of view, is an individual characteristic that can be seen in the emotions of a person and in the general mobility of a person. The speed, strength and stability of emotion in each person is different. The feelings of the same people are quick, strong and stable. In some people, such arousal is slow, weak and does not go far. Such characteristics of temperament are especially evident in the involuntary reactions of the organism in response to the influence of the surrounding environment, along with the arousals of emotions in a person. These characteristics are externally visible in a person's facial expressions, pantomimes, various involuntary actions and gestures. Such excitability characteristics of a person's emotions are reflected in the strength and stability of attention, qualities of will, mental processes, including the speed of speech. Depending on how such involuntary activity occurs, we call the same person "quick", "restless", "energetic", "enthusiastic". We call some of them "slow down", "lapashang" and so on. A person's temperament (customer) is formed from these individual characteristics. Symptoms of certain temperaments are clearly manifested in childhood. Everyone has their own temperament. But while there are such individual differences in the temperaments of each person, these

temperaments also have common, similar signs and symptoms. All different temperaments can be classified based on these general characteristics. It has been a picture since ancient times to divide all temperaments into four types: 1) choleric, 2) sanguine, 3) melancholic and 4) phlegmatic.

"Character" is derived from the Greek word "character" means "line". Here, a coin is placed on the face of a child Embossed stamp is provided. By character, we understand the individual characteristics that are formed in a person under the influence of environment and education and are manifested in his volitional activity, in his relationship to the surrounding world (to other people, work, things), to himself. Characteristics that belong to a person's character are called character traits. Character traits are not random characteristics of a person, but permanent, stable characteristics of a person's behavior, and these characteristics are unique to the person himself. Every person can show bravery, integrity, honesty and integrity at certain times. But there are some in the life and work of a person such characteristics that occur only at times cannot be his stable character traits. We want to describe a person's character when we were together, this person was brave or showed honesty and integrity without saying, but we say that this person is brave, honest and sincere. That said speech, bravery, correctness, honesty are characteristic qualities of this person, his character

The word "character" means bravery, truthfulness, honesty at the appropriate time we can inevitably expect from this man to show. If we are one if we know a person's character trait, we can correctly guess or say in advance what kind of behavior this person will show at the appropriate time.

Some of the characteristics that are part of a person's character depend on the development of social relations and have arisen historically has changed. In a class society, class traits of character are also formed. Character of people but the same trait is evaluated differently in different social environments: a character trait that is considered positive for one social class and one historical period becomes negative for another class and another social period. With the change of social relations, many character traits characteristic of a certain group or class are re-educated or disappear, and at the same time new character traits appear.

The final stage of the 20th century goes down in history as a period of great social changes and upheavals. The biggest of these changes is the collapse of the communist empire called the USSR and our former allied republics, including our republic, are entering the path of independence, national revival and democracy. These nations are moving to the market economy, the path of natural and historical development tested in the life of humanity, and are directly joining the world economic and social flow. These huge historical processes have a deep and conflicting effect on people's psyche, character, morals, and mutual relations. These effects are causing not only the national revival and national values of our people, but also changing the character traits of our people. Character and its formation and manifestation are caused by the environment that surrounds our people, different relationships to different activities, and relationships in the society in which we live. This has led to the formation of new character traits in our people, and qualities such as generosity, sincerity, mutual cooperation, mutual help, chastity, modesty, modesty, and hospitality, which have been passed down from generation to generation, have become stable characteristics. These characteristics are passed from generation to generation and change in terms of content and quality, and each person forms new character traits in his relations with himself, society, work, things and events. The character of our hard-working people, which depend on willpower, morality and understanding, further developed during the strengthening of independence. These qualities of character were clearly manifested in

the fight against terrorism, religious fanaticism, Wahhabism, drug addiction and similar vices. How many innocent people died, but our people showed their character with their fortitude and determination.

Nowadays, arrogance, flattery, arrogance, selfishness, negative vices such as unprincipledness are being replaced by positive qualities such as mutual kindness, cooperation, respect for people, helping them as much as possible, kindness, justice, doing meritorious deeds, feeling good about what is right and wrong, conscience. We are developing new character traits. High qualities such as a new attitude to the work of these people, loyalty to the interests of the society, kindness, and kindness to those in need of help are being formed. The character traits of our people are determined by their outlook and beliefs and are closely related to their interests and abilities. Worldviews and beliefs form character traits such as selfless love for our country, courage, hard work, bravery, perseverance and honesty, and the emergence of character traits such as sensitivity to injustices is reflected in the emotions of more people. The qualities that occupy a central place in a person's character are the qualities expressed in the qualities of will and spiritual image of this person. The character of a person is a set of his unique qualities. Among these qualities, the characteristics that characterize this person as a member of society are the most important.

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