

**THE ROLE OF NATIONAL MORAL VALUES IN ELIMINATING VERBAL  
AGGRESSION IN THE STUDENT COMMUNITY**

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**Abstract:** Verbal aggression in the student community poses significant challenges to mental well-being and social harmony. This article explores the role of national moral values in addressing this issue by fostering respect, empathy, and self-control. National moral values, rooted in cultural, religious, and historical traditions, serve as a foundation for promoting positive behaviors and reducing conflicts. Practical strategies, such as embedding values in curricula, promoting value-based leadership, and fostering respectful campus cultures, are discussed. Collaborative efforts among educators, parents, and communities are emphasized to create a nurturing environment. Integrating these values can transform student interactions, reducing verbal aggression and building a supportive and inclusive community.

**Keywords:** Verbal aggression, national moral values, student community, respect, empathy, education, conflict resolution.

In today's rapidly globalizing world, the student community is one of the most diverse and dynamic social groups. Students come from various cultural, social, and economic backgrounds, which makes educational institutions melting pots of ideas, behaviors, and attitudes. However, alongside the positive opportunities this diversity presents, challenges such as verbal aggression often arise. Verbal aggression, characterized by the use of harsh words, insults, mockery, and threats, can negatively impact mental health, academic performance, and social harmony. In such a scenario, fostering national moral values can be a powerful solution to curtail verbal aggression and cultivate a respectful and empathetic student community. Verbal aggression stems from multiple factors, including personal insecurities, cultural misunderstandings, peer pressure, and societal influences such as exposure to toxic communication styles in media and family. In a student community, this behavior can manifest as bullying, gossiping, or disparaging remarks, often leading to low self-esteem, anxiety, and even depression among victims. Verbal aggression not only damages individuals but also disrupts the broader learning environment, creating a culture of fear and hostility. Addressing this issue requires a multi-faceted approach that targets its root causes. Among these approaches, the integration of national moral values stands out as a practical and sustainable method to instill positive behavioral norms.

National moral values are the ethical principles and cultural norms that define a nation's identity and guide its people's actions. These values, often rooted in religion, history, and tradition, emphasize respect, compassion, and mutual understanding. In many cultures, they are taught through family customs, literature, folklore, and educational curricula. For instance, in Uzbekistan, national moral values are deeply intertwined with the teachings of Islam and the rich heritage of scholars like Al-Bukhari, Al-Tirmidhi, and Al-Khwarizmi. These values emphasize virtues such as respect for others (hurmat), kindness (mehr), and the pursuit of knowledge (ilm). Similarly, other nations have their moral frameworks that promote harmonious coexistence. When national moral values are integrated into the fabric of student life, they can serve as a foundation for curbing negative behaviors like verbal aggression. These values encourage students to practice self-control, empathy, and respect in their interactions, thus creating a more positive and supportive community.

**1. Embedding Values in Educational Curricula.** Educational institutions play a vital role in shaping the character of students. Including national moral values as part of the formal curriculum can provide students with a structured understanding of their importance. Subjects like ethics, civic studies, and literature can include lessons that highlight the consequences of verbal aggression and the benefits of respectful communication. For instance, case studies, role-playing activities, and discussions based on real-life examples can make these values relatable and actionable for students. Stories from national history that showcase exemplary behavior can inspire students to emulate positive traits.

**2. Promoting Value-Based Leadership.** Student leaders, such as class representatives and club presidents, have a significant influence on their peers. Training these leaders to exemplify national moral values can set a standard for others to follow. Leadership programs that emphasize conflict resolution, active listening, and inclusive decision-making can be instrumental in reducing instances of verbal aggression.

**3. Creating a Respectful Campus Culture.** National moral values can be integrated into the everyday practices and policies of educational institutions. For example, schools and universities can establish clear codes of conduct that prohibit verbal aggression and promote respectful communication. Regular workshops, seminars, and campaigns on topics like anti-bullying, empathy, and cultural sensitivity can further reinforce these values. Celebrating cultural diversity through events, exhibitions, and discussions can also help students appreciate different perspectives, reducing misunderstandings and verbal conflicts.

The role of national moral values extends beyond eliminating verbal aggression; it lays the foundation for a generation of individuals who contribute positively to society. In this endeavor, the collective efforts of educators, parents, and policymakers are essential to ensure that the student community embodies the principles of respect, kindness, and understanding.

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