

**PERSONALITY EMOTIONAL INTELLIGENCE OF THE FORMATION
CHARACTERISTICS PSYCHOLOGICAL STUDY**

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Abstract: This article is devoted to the issues of psychological research of the features of the formation of human emotional intelligence. To achieve the desired results in the educational process, it is necessary to understand emotions, classify them, determine the relationship between them and explain their content.

Key words: Personality, emotion, emotional intelligence, knowledge, skills, competence, awareness, cognitive, psychological well-being, emotional health, concept, creativity.

The great work on the construction of an independent, legal democratic state, a free civil society in our country is the essence of man to reinvent, to realize his potential in realizing his identity to release and spiritually harmoniously, intellectually and mentally-practically creating new conditions for the training of perfectly mature personnel. In this regard, Uzbekistan is involved in globalization and Information Communication youth in today's conditions, where technologies are rapidly developing proposes the development of the UN International Convention on the rights of Youth, a generalized international legal document aimed at 7 directions for the formation and implementation of policies. In our view, the countries that sign this document must take on strict obligations to raise this area to the level of one of the main and important life priorities of their social policy.”

Implemented in all areas of our independent Uzbekistan reforms raise the human factor to a higher level than ever, making it stronger, direct development of perception, potential, psychological and spiritual perfection, inextricably linked with civilization and development. From this, each individual has its own the problem of perfection, self-knowledge, understanding of others has become a more pressing issue than ever before. In this regard, Uzbekistan proposes to develop a generalized international legal document – the UN International Convention on the rights of Youth, which aims at 7 to formulate and implement youth policies in today's conditions, where globalization and information communication technologies are rapidly developing.

In our view, the countries that sign this document must take on strict obligations to raise this area to the level of one of the main and important life priorities of their social policy.” Currently, the takdiri of the reforms carried out in our Republic attachment to the spiritual image of youth, personal perfection. These tasks the implementation assumes the full absorption of democratic principles into the mind in human interaction. In the process of liberalization of society, the opportunity, conditions for the manifestation of the abilities and talents of the individual in all respects it requires not only the creation, but also the full manifestation of spiritual, spiritual and intellectual potential in a person. The issue of intelligence has been studied for many years, and we will cite the scientific research of a number of jaxon psychologist scientists who have carried out scientific research on intellect issues:

F.Galton (1822-1911) in his work "the heredity of talent " is physical and a solution to heredity, believing that there is a correlation between mental abilities 13, J, which gave importance as a reducing factor. Locke, on the other hand, defines aptitude as education learned as a result 14, L.S.Vigotsky noted that the development of mental abilities advancing the socio-

historical aspect, the acquisition of knowledge is the historical aspect of humanity it is the process of participating in the culture created in the development of 15 that has put forward the idea. B.G. Ananov believes that abilities are the social experiences of elegance he noted that it is not only the idea, knowledge of the individual's active activity and its psychological aspect, its relationship with the individual. B. M. Teplov put forward the theory of musical talent, which he called Musical the success of the activity is qualitatively specific to the abilities understands the combination as a link. It is set to music as the main pointer learned to respond emotionally.

Talented psychologist B.R. Kadyrov (doctor of psychological sciences, professor) devoted his creative activity to the study of talented young people. He studied the individual characteristics of rejuvenation in the field of differential psychology. An individual's understanding of emotions when emotional intelligence is advanced important. Below are information on the capacity to understand personality emotions we bring. Understanding emotions-complex emotions are the ability to explain their transition from one stage to another, emotional analysis and the ability to use knowledge.

Understanding emotions in itself classification of emotions in ham mutual determining the link between them in a relationship, explaining the content; (ambivalent) shows an understanding of emotion. R. According to Bar On, emotional intelligence is the requirements and pressure of the environment it is the sum of non-cognitive abilities and skills that influence good agreement with. R. An important achievement of Bar consciousness was the development of the 1996 EQ measurement survey (Emotional Quotient Inventory-EQI) in the theory and practice of emotional intelligence. Initially, the questionnaire was developed with the aim of empirically verifying the theory of the determinant of psychological calm.

Gradually, the author developed a theoretical eclectic and multifactorial approach of emotional intelligence (non-cognitive knowledge, skills that affect an individual's ability to successfully overcome environmental requirements) and psychological calm (emotional health) to provide quantitative assessment and operational definition of complex concepts. Five main components of emotional intelligence are presented in this survey:

❖ Internal personal-knowledge in emoticons hack, understanding emoticons and the ability to express ("emotional self-awareness", "resilience/resilience", "self respect kilish", "independence", "self-activation"). ❖ Interpersonal-awareness, understanding, acceptance of feelings of others ability ("empathy", "social responsibility", "interpersonal attitude").

❖ Flexibility - own feelings for changing circumstances and situations, adapting their thoughts and behavior, as well as managing these changes ability ("realism", "creakiness", "problem defecation").

❖ Stress management - ("stability in stress", "impulsivity control do").

❖ General mood - ("optimism", "happiness"). This is the advantage of the questionnaire, its degree of reliability and validity at the height, it also has children and from 6 to 18 years old it was in possession of a variant where adolescents could be tested. D.V. Lucin, while researching emotional intelligence, described it as related to the cognitive abilities of a person on the one hand, personality traits on the other stressed. A.V. Karpov and A.S. Petrovskaya believes that emotional intelligence is good a developed person is always in contrast to situations in which the emotional is non-productive, thus being able to react correctly to such situations.

In the place of the last word, it can be said that in psychology, the phenomenon of emotional intelligence is comprehensive, which is natural for an individual to exert one or another influence on each of his activities engaged in society. Therefore, it is important to research the role of activities in the development of the formation of emotional intelligence of the individual. In young people, brain mechanisms of educational areas of activity, competence and primary abilities with social value were studied. The neurophysiological aspects of youth's choice of directions of one or another social activity were researched by electroencephalographic methods. The information obtained is an alternative that provides for the choice of a profession in brain activity, a predisposition to a profession and types of competence proved the presence of neurophysiological qualities.

A complex of mind tests has been formed. if we look at the existing conclusions in the world Psychological Science of the formation and development of witchcraft, then first of all it becomes known that creativity again forms and develops in that subconscious. In our opinion, such a situation should be associated with the scarcity of psychologists who can cope with this task. There is a phenomenon that is a constant companion of creativity. It is said that inspiration it is an event. If in the process of forming creativity in students, inspiration in them if we can solve the problem of arousal, then half of the goal set before us we would have reached. That we also turn to the subconscious to complete this task and we will have to work with him.

This is how to conclude from the above points it is possible that the science of psychology in Uzbekistan XX ASHING from the second half from now on, it developed on different fronts. Scientific in various fields of psychology research was carried out.

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