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# THE PLACE OF MUSIC IN THE SPIRITUAL AND ENLIGHTENMENTAL WORLDVIEW OF YOUTH

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**Abstract:** This article emphasizes the importance of music in the formation of the spiritual and educational outlook of young people. Music, as a means of expressing a person's mental state, thoughts, and feelings, has a great impact on the personal development of young people, the formation of aesthetic and spiritual tastes. Music is especially effective in enriching young people spiritually, developing social and cultural awareness among them, and is important in instilling in them the beauties of life, humanity, and the spirit of the collective.

**Keywords:** youth, spiritual and educational consciousness, national pride, self-awareness, national musical art, culture, creativity, national value, transformation, integration, innovation.

Today, the main goal of higher education in the literal sense is to prepare qualified, creatively thinking, capable personnel for the New Uzbekistan, who will develop innovative ideas and apply these innovations in their field. Because the current globalizing world needs knowledgeable personnel who can meet world requirements and market economy standards.

One of the urgent issues is the development of the human personality, its high spiritual qualities, the formation of the ideology of national independence, the upbringing of the younger generation in the spirit of respect and attention to our rich cultural heritage and historical values, and love for our independent homeland.

Music is of great importance in the formation of a spiritual and educational outlook in young people. Music is not only a type of art, but also serves as an important tool in educating a person, giving young people a deep understanding of moral, spiritual and aesthetic values. In Uzbekistan and around the world, music plays an invaluable role in the spiritual growth of young people, the formation of their intellectual and spiritual world. Music conveys various spiritual and moral values to young people. Through national and world music, young people are given the opportunity to learn about the cultural heritage, traditions and historical values of their people. Music is primarily an art form that affects emotions, it deeply penetrates the spiritual world of a person, educates him, and sets him on the right path from a moral point of view. Music is of great importance in helping young people distinguish between good and bad music and in developing aesthetic taste. Through music, one can learn to appreciate moral values, beauty, love, friendship, patriotism, and hard work. Good music, with its expressive and aesthetic qualities, guides young people to the right spiritual approaches.

Music helps young people understand and express themselves. By listening to or performing music, young people have the opportunity to understand their inner world and express their mental states. The art of music can be an excellent tool for reducing stress, improving mood, and solving social and cultural problems. Uzbek music teaches young people about the cultural traditions, history, and customs of their people. Through the uniqueness of national music, music that includes traditional and modern elements, young people learn about the culture of their people and learn to respect its values. In this way, music affects young people not only aesthetically, but also in the national spirit.

The impact of modern music on the psyche of young people can be both positive and negative. In most cases, the lyrics and content of modern music play an important role in shaping the worldview of young people. If the content of the music reflects negative and applied themes, this can form

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negative psyche of young people. Therefore, a careful and conscious approach is necessary when choosing musical art. Young people not only develop spiritually through music, but they also perform music to fulfill their personal desires and dreams. Musical activity helps to develop the creative abilities of young people, as well as to help them cooperate with each other, and to form a team spirit.

Music plays a special role in the formation of a spiritual and educational worldview in young people. Through music, they develop aesthetic taste, learn national values, and grow morally and spiritually. At the same time, music serves as an important tool that guides young people in their spiritual and social lives. Giving young people the right moral values and spiritual worldview through music helps them avoid negative influences and stray from the right path.

The methodology of music education in the education of each nation is based on the didactic laws of pedagogy and the national musical culture, language and cultural traditions of this nation. At the same time, the structure, system (system) and scientific and methodological achievements of music education also have a positive impact on the educational culture of other nations. Raising a spiritually and physically healthy generation in the development of our society is one of our top priorities today. At the heart of these thoughts, as always, are young people, because the education they receive today is the most important foundation not only for themselves, but also for the development of our country. The meaningful words of our President Shavkat Mirziyoyev are not without reason: "If you ask me what worries you," I will answer: the education and upbringing of our children," are a clear proof of our thoughts.

In this regard, national musical art has great educational and artistic aesthetic potential in the formation and improvement of the spirituality of the younger generation. Music education plays a special role in realizing the talents of young people in the field of artistic creativity and satisfying their aesthetic needs. In this regard, we can mention the activities carried out by youth creative houses, palaces, local history and tourism centers, children's puppet and young audience theaters, sports and music schools, summer camps and other institutions.

Therefore, in educating young people in a national-spiritual spirit, it is necessary to effectively use our cultural values and the legacy left to us by our great scholars, to further expand their spiritual worldview. As a result, young people will gain in-depth knowledge of the history, literature, art, national traditions and customs of their ancestors, their interest in spiritual heritage will increase, and their spiritual and cultural development will be further improved.

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