

**THEORETICAL FOUNDATIONS OF EDUCATING YOUTH AS WELL-ROUNDED
INDIVIDUALS IN THE CONTEXT OF INDEPENDENCE**

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Annotation: In this article, the introduction of the subject of education and the development of a well-rounded individual, as well as its significance, are discussed. The formation of the process of educating youth as well-rounded individuals in the context of independence is also examined.

Keywords: Youth, education, well-rounded individual, thinking, upbringing, independent thinking, perfect individual.

The development and future of any society directly depend on how the younger generation is educated and nurtured. The Uzbek people have accumulated centuries-old methods, tools, forms of activities, unique customs and traditions, as well as ideas and practical experiences related to education and upbringing, all of which have been employed in preparing the younger generation for an independent life. These foundations played a significant role in the emergence of numerous great thinkers, scholars, and sages in the past. As an independent state, Uzbekistan pays special attention to raising youth who are well-rounded, intellectually capable, patriotic, physically healthy, and spiritually mature. In particular, a younger generation shaped by national values and ideology can actively participate in the country's political, economic, and cultural life, making a worthy contribution to its further development.

In today's era of globalization, the issue of youth education has become even more pressing. Due to information attacks, ideological threats, and the influence of mass culture, it is increasingly necessary to strengthen the moral and spiritual foundation of young people and to foster strong willpower in them. Therefore, within the framework of the state youth policy in Uzbekistan, large-scale reforms are being carried out to integrate education and upbringing, and to enhance the scientific, creative, and intellectual potential of the younger generation. In particular, broad opportunities are being created for youth based on the principle put forward by our President: "New Uzbekistan – with the Youth."

In the education system of the Republic of Uzbekistan, special attention is given to the upbringing of a well-rounded individual. Under the slogan "New Uzbekistan – New Life," one of the primary goals is to develop the intellectual and creative potential of young people and to educate them in the spirit of both national and universal values. Alongside the study of science and technology, spiritual and educational activities are also implemented in schools and higher education institutions. These efforts serve the formation of a comprehensively developed young generation. Becoming a well-rounded individual requires constant self-improvement, the development of one's abilities, and the acquisition of new knowledge and skills. Such a person feels responsible not only for their own future but also for the future of society, striving tirelessly to achieve noble goals and serving as a role model for others. Therefore, the upbringing of a well-rounded personality is considered one of the key responsibilities of every individual—parents, teachers, and society as a whole. The concept of a well-rounded person implies the harmonious development of an individual in physical, moral, spiritual, and intellectual aspects. Such

individuals are distinguished not only by their personal achievements but also by the contributions they make to society. Personal development begins in childhood and continues throughout life, which is why the education and upbringing system must aim to foster holistic growth in each person.

The integration of national and universal values plays a crucial role in shaping a well-rounded individual. A person should not only be familiar with their own culture, history, and traditions but also be aware of the best global practices. In today's globalized world, individuals are expected to think globally, master modern technologies, and adopt innovative approaches to solving problems. Hence, the concept of a well-rounded person is not limited to traditional education and upbringing—it also encompasses modern technology, creative thinking, leadership skills, and environmental awareness. A well-rounded individual must be capable of expressing their ideas clearly and concisely, making independent decisions, and thinking critically and analytically.

Today, innovative ideas, startup projects, and social initiatives play a vital role in the development of youth. Active and initiative-driven young leaders in these fields significantly contribute to the progress of society. Along with education, special emphasis is also placed on the moral and ethical upbringing of youth. Various cultural and educational events are held to instill patriotism and foster national values, customs, and traditions. Wide opportunities have been created to promote sports and the arts among young people, contributing to their physical and spiritual development. During the years of independence, significant reforms have been carried out to enhance the quality of education and upbringing. These reforms not only support the development of the education system but also aim to increase the creative and intellectual potential of the younger generation. Large-scale national programs have been developed to support youth in all aspects, provide them with quality education, and improve educational and upbringing processes. In particular, effective measures have been taken to strengthen the material and technical base of educational institutions, improve the qualifications of teaching staff, and integrate modern innovative technologies into the learning process. Improving the educational process through modern technologies is of great importance today. The introduction of digital education platforms has enabled students to access distance learning. Electronic textbooks, video lessons, and interactive teaching tools make the learning process more engaging and effective. In addition, based on international experience, the curriculum is regularly updated with a focus on encouraging students to think creatively and critically. The role of the family in education and upbringing is also considered vital. Therefore, collaborative educational initiatives with parents are being expanded, with special attention given to strengthening family values and raising children in the spirit of both national and universal principles. Especially in the era of globalization, protecting youth from harmful ideologies and developing their strong worldview is one of the primary objectives.

Comprehensive reforms have been implemented in youth education and upbringing during the independence years. Thanks to the implementation of innovative approaches, technological advancements, and mechanisms of social support, today's youth are growing up as educated, well-rounded, and patriotic individuals. This process is ongoing, and in the future, new programs will undoubtedly be introduced to further improve the quality of education and the effectiveness of upbringing. Indeed, the knowledge and enlightenment of the younger generation are among the most important factors in the development and stability of any society.

In conclusion, raising the younger generation to be physically and spiritually healthy, loyal to their homeland, and worthy successors of the future is one of the highest priorities of our state policy. It is a source of great pride and joy that many of our young people are achieving remarkable success in international Olympiads, sports competitions, and various fields thanks to their intellectual potential, thereby raising the flag and honor of our country.

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